

Barcelona — Day Plan

Arrive AVE 4:19 PM Jun 4 → Cruise embark Jun 6 afternoon · Hotel Praktik Rambla (Rambla de Catalunya 27) · Thu = DIY tapas crawl + bar crawl + Moog · Fri = brunch + Sagrada (1 PM pending) + speakeasy crawl

LAST TRAIN HOME

- **TMB Metro:** Sun-Thu 5 AM-midnight · **Fri until 2 AM** · **SAT 24h continuous.**
- **FGC:** ~5 AM-midnight Sun-Thu; 24h on Sat night and holiday eves.
- **Nitbus:** ~10:30 PM-5 AM, most lines hub at **Plaça de Catalunya.**
- Our nights are Thu Jun 4 (Moog → ends 5 AM, metro dead, cab/Nitbus N0) and Fri Jun 5 (speakeasies until 2 AM, metro alive both directions). Cab €8-12 to Praktik Rambla.

★ KNOWN FOR

Gaudí's city + Mediterranean tapas + electronic clubs

-  Sagrada Família + Park Güell + Casa Batlló — Gaudí's organic Modernisme
-  World's 50 Best — Disfrutar (#1), Sips (#3), Paradiso (#4) all here
-  Electronic music capital — Razzmatazz, Moog, Sónar festival home

Thu Jun 4 · Arrival + DIY Tapas Crawl + Bars + Moog

Train arrives 4:19 PM · one dinner stop + maybe one backup · then south to Raval bars + Moog

4:30 PM

Sants → Hotel Praktik Rambla ↗

Metro L3:

Sants Estació → Passeig de Gràcia (2 stops). [Open local metro map](#). 2 min walk to hotel. Drop bags fast.

📍 [Open in Maps](#)

5:00 PM

Quick rest + freshen up

~30-45 min, change clothes, hydrate. 📍 [Open in Maps](#)

6:15 PM

DIY tapas crawl = dinner (\$\$)

Start at Vinitus

(open every day 11 AM-1 AM). Order pan con tomate, croquetas, patatas bravas, one seafood plate, and drinks.

If still hungry

, do a short second stop at

Ciudad Condal

(open every day 9 AM-1 AM) for only 1-2 more plates.

Cap it at 5-6 plates total

for both of you so the bill stays sane. 📍 [Open in Maps](#)

9:00 PM

Back to hotel · clean up

Quick shower, change to dark club clothes. Hydrate hard. 📍 [Open in Maps](#)

10:30 PM

Nevermind — rock dive bar ↗ (\$)

Carrer dels Tallers 68, Raval. ~6 min walk south of hotel. Rock/grunge/skate dive — €1 beer happy hour till 10 PM. Loud rock playlist, skate ramp in back, Tony Hawk vibes. Warm-up vibe before getting fancy.

Open Thu till 2:30 AM. 📍 [Open in Maps](#)

11:30 PM

Bar Marsella — absinthe ritual ↗ (\$\$)

Carrer de Sant Pau 65, Raval. ~8 min walk south of Nevermind. **Founded 1820 — Picasso, Hemingway, Dalí, Gaudí all drank here.** Order the absinthe ritual: ice water + sugar cube + tiny fork.

📍 [Open in Maps](#) [MORE +](#)

12:00 AM

Moog — afterparty ↗ (\$\$)

Carrer de l'Arc del Teatre 3, Raval. ~5 min walk from Marsella. Tiny techno cave (~100 cap), dark Berlin vibes, raw underground. Open Thu 12-5 AM. Cover ~€10-15. **1.4 km from hotel = 15 min walk home at 3 AM.** RA: ra.co/clubs/2253. Lineup posts ~May 22 — recheck then. 📍 [Open in Maps](#)

2:30 AM

⚠️ **HARD CAP — walk home**

Sagrada is 10:30 AM Friday (time-change DENIED).

Don't push past 2:30 AM or you miss the gate. 15 min walk from Moog → hotel along Carrer de l'Hospital → Plaça de Catalunya → Rambla de Catalunya. Alarm 8 AM hard.

8:00 AM

Alarm — quick coffee + light food

Sagrada is 10:30 AM (time-change request was DENIED — original time stands). Don't push past 2:30 AM Thu night or this morning is hell. 📍 [Open in Maps](#)

9:45 AM

Cab to Sagrada Família ↗

~15 min from hotel, ~€10. Arrive 15 min before entry.

Bring photo ID + have "Sagrada Família Oficial" app downloaded.

📍 [Open in Maps](#)

10:30 AM

Sagrada Família — Basilica entry ✓ **BOOKED ↗**

Locator 98413953. Gaudí's masterpiece. 2 General + Towers, €72 total. Audioguide via the app.

📍 [Open in Maps](#)

11:15 AM

Towers — Nativity facade ✓ **BOOKED ↗**

Same booking. Climb the older Nativity towers (Gaudí designed these — Passion towers are the modern ones).

12:30 PM

Lunch near Sagrada (\$\$)

Quick local lunch near the basilica — try Lluritu (plancha-grilled seafood) or any taberna on Carrer de Provença. 📍 [Open in Maps](#)

2:00 PM

Cab to Born — El Xampanyet + Santa Caterina market ↗ (\$\$)

Cava + tinned anchovies standing at **El Xampanyet** (Carrer de Montcada 22, 100-year institution). Then walk 3 min to **Santa Caterina market** (wavy roof, locals shop here, NOT Boqueria).

MORE +

📍 [Open in Maps](#)

4:00 PM

Nap at hotel

90 min hard nap before Aire spa. You earned it. 📍 [Open in Maps](#)

5:30 PM

Aire de Barcelona — thermal pools ↗ (\$\$\$)

4.6★, 9,385 reviews. Cold/warm/hot pools + sauna + steam + salt-water floating pool. 90-min thermal session ~€72 pp (~€144 total) OR Love Experience w/ couples massage ~€300 total. Passeig de Picasso 22, Born. Open till 1 AM. 📍 [Open in Maps](#)

7:30 PM

Walk back to hotel + pre-pack for cruise

~12 min through Born. Pack EVERYTHING tonight — Sat morning is shower → cab → port, no thinking.

📍 [Open in Maps](#)

9:30 PM

The Roof (Barcelona EDITION) ↗ (\$\$\$)

Rooftop cocktails, Gothic Quarter/cathedral views at dusk. ~1.2 km / 15 min walk from hotel.

📍 [Open in Maps](#)

10:30 PM

Paradiso ↗ (\$\$\$)

World's 50 Best Bar #4. Hidden behind pastrami shop freezer door, El Born. Join virtual queue at 3 PM. ~10 min walk from The Roof. 📍 [Open in Maps](#)

11:30 PM

Monk ↗ (\$\$)

Speakeasy hidden behind a fake supermarket in El Born. ~5 min walk from Paradiso. 📍 [Open in Maps](#)

1:00 AM

Sips ↗ (\$\$\$)

#3 World's 50 Best Bars. Theatrical cocktail innovation. ~5 min walk from Monk. Cap off the night — bed by 2 AM.

Full-send alt: want a real club instead of the late nightcaps? 📍 [Open in Maps](#) **MORE +**

Sat Jun 6 • Cruise day

Disembark hotel by 11 AM • Cruise boards 1-3 PM

9:30 AM **Breakfast (bags already packed Fri night)**

📍 [Open in Maps](#)

10:30 AM **Check out, store bags OR direct to port**

Hotel can hold luggage OR take directly. ~7 km / 15 min cab to Terminal E, Moll Adossat.

11:00 AM 🐟 **La Boqueria — named stalls only ↗** (\$-\$\$\$)

La Rambla 91, 10 min walk from hotel. Mon-Sat 8 AM-8:30 PM. **Don't wander — go straight to one of these counter spots:**

•

Bar Pinotxo

— front-right entrance, marble counter w/ ~10 stools. 📍 [Open in Maps](#) **MORE +**

12:30 PM **Cab to Terminal E, Moll Adossat ↗**

~15 min, ~€15. DON'T take metro — port is far from stations. 📍 [Open in Maps](#)

1:30 PM **Princess Cruise embark ↗**

Room 17421 Upper Deck. Lunch on board once settled.

BEFORE YOU GO

- **Sagrada Família**  **BOOKED** — **10:30 AM Fri Jun 5 (original time, DENIED time-change)**. Locator 98413953. Towers 11:15 AM. **DOWNLOAD "Sagrada Família Oficial" app before arrival**. Photo ID required. Day is now: Sagrada AM → Born/Santa Caterina market PM → nap → Aire spa 5:30 PM → speakeasy crawl 9:30 PM+.
- **La Paella de Su** reservation pending confirmation email. **Open every day 1-5 PM + 7 PM-midnight**, 4.5★ 1,948 reviews. Pau Claris 118, ~5 min walk from hotel. Inbox watcher armed for lapaelladesu.com — Pushover alert when confirmation lands.
- **DIY tapas rule**: Vinitus first, Ciudad Condal only if still hungry, and **do not go past 5-6 plates total** for both of you.
- **Thursday geography** — all bars are south of hotel in Raval. Walk south through the Tallers/Sant Pau corridor: hotel → Nevermind (6 min) → Marsella (8 min) → Moog (5 min). 15 min walk back home from Moog. No cabs needed unless you're done early.
- **Marsella closes midnight Thursday** — narrow window, plan to be in by 11 PM at the latest.
- **Thursday afterparty venue picker** — Recheck Moog/Razz lineups ~May 22. **Default: Moog** (closer + walkable home). Razz only if a serious DJ is booked Thursday.
- **Hard cap 3 AM Thursday** for the Sagrada morning. Friday afternoon nap is mandatory.
- **Pre-pack Friday night before going out**. Saturday morning is shower → cab → port, no thinking required.
- **Park Güell is a CONFLICT** — skipped. If Dani wants solo hour, go morning Jun 5 before Sagrada.
- **Pickpocket alert**: Las Ramblas + at Sagrada — phone in zipped pocket, bag in front.
-  **Dani hidden gems (slot in if the Born / Raval windows breathe)**:
 - **Hospital de Sant Pau Recinte Modernista**  — C/ Sant Antoni Maria Claret 167. A WORKING-hospital-turned-Modernisme campus by Domènech i Montaner — 12 pavilions of tiled domes + stained glass, basically Sagrada-rival architecture with 1/10 the crowds. 10 min from Sagrada. €16, daily 9:30 AM-5 PM. **Far more photogenic + empty** than Park Güell. Fits as a Fri Jun 5 add-on right after Sagrada/Towers if you skip the cab-to-Born detour.
 - **Carrer del Bisbe gothic bridge + Plaça Sant Felip Neri**  — Barri Gòtic, 8 min walk from hotel. The neogothic enclosed bridge between Generalitat + Casa dels Canonges is the most-photographed alley in Barcelona at golden hour. 3 min on foot from there: Plaça Sant Felip Neri, a tiny peach-colored square with Civil-War bullet holes pocking the church wall + a single splashing fountain. Movie set quiet. Free.
 - **Le Swing vintage**  — Riera Baixa 13, Raval. Cult curated vintage couture — Dior, YSL, Pucci, ~€80-400 dresses, owned by Maria, in business 20+ yrs. Open Mon-Sat 11-2 + 5-8:30. Pairs with the Thu pre-Moog Raval walk-through OR a Fri afternoon detour. The block (Riera Baixa) is the Barcelona vintage block — 5 more shops on the same 80m.
 - **Frederic Marès Museum (sculpture museum)**  — Plaça de Sant Lu 5, Barri Gòtic. One-room-after-one-room of a sculptor's lifetime of weird collected objects: ladies' fans, tobacco pipes, scissors, dollhouses, ex-voto paintings. €4.40, free Sun PM + first Sun of month. The hidden inner courtyard café "**Cafè d'Estiu**"  (summer-only April-Sep, orange trees + stone fountain) is one of the most photogenic spots in the Gothic Quarter and almost no tourists find it.
 - **Bagués-Masriera jewelers**  — Passeig de Gràcia 41 (Casa Amatller ground floor). Modernisme jewelry workshop est. 1839, still making Art Nouveau enamel + gem pieces. Window-shop the dragonflies + nymphs even if not buying — they're each tiny sculptures. Mon-Sat 10:30-8.
-  **Sensual / couples extras (slot in opportunistically)**:

- **El Molino — burlesque + cabaret in Poble-sec ↗** · Carrer de Vila i Vilà 99 (12 min walk from hotel). The 1898 "Petit Moulin Rouge of Barcelona," restored 2010, now Catalonia's premier burlesque house. **"Maravillas en El Molino"** revue Thu-Sun 8 PM + 10 PM, ~80 min — French-style can-can + neo-burlesque + acrobats + live orchestra. **€39-65 pp**. Same lineage as Crazy Horse but Catalan/cheekier — performers come from Lido + Cirque. Book elmolinobcn.com. **Why couple:** velvet-booth seating + corseted MC = pure Eddie+Dani. Slot in Fri Jun 5 before The Roof / Paradiso (Roof can wait, Paradiso opens 11 PM).
- **Andrés Sardá Barcelona flagship ↗** · Passeig de Gràcia 84, Eixample (10 min walk from hotel). Spain's couture lingerie house — same atelier dressing Crazy Horse. Bigger range than the Madrid store. **€90-220 per piece, free fittings**. Open Mon-Sat 10-2 + 4-8. Pair with **Bagués-Masriera** across the street. **Why couple:** a slow Fri morning errand together before Sagrada — Dani picks something to wear for The Roof.
- **Vinitus Wine Cellar private tasting ↗** · Carrer del Consell de Cent 333, 1 block from hotel. The same Vinitus you already plan to tapas-crawl runs a private downstairs cellar — book the **"Catalan Cellar Experience"**: 90 min, 6 wines (cava brut nature, Priorat, Empordà white, Penedès, vermut artesanal, dessert wine) + chef pairings, just you two with the sommelier. **€75 pp / €150 for 2**. Reserve grupovinitus.com or +34 93 363 21 27. **Why couple:** if you skip Sips (loud + theatrical), this is the slow intimate cellar version — book BEFORE the Vinitus tapas crawl Thu.
- **El Palace Mayan Luxury Hammam ↗** · Gran Via de les Corts Catalanes 668 (10 min walk). Cheaper alternative to Aire if Aire is sold out: 60-min couples treatment in a private hammam suite + double massage. **€220 total for 2**, open 10-9. **Why couple:** Aire saver — and the suites are private (no shared pool floor).
- 🗺️ **Eater Barcelona — Best Restaurants in Barcelona:** <https://www.eater.com/maps/best-restaurants-barcelona-spain> — bookmark for late-night "where should we eat" decisions.